

Physical Education Essential Targets - Self Control

Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade	Sixth Grade	Seventh Grade	Eighth Grade
___ I can follow rules and procedures.	___ I can follow rules and procedures.	___ I can tag or play contact games with appropriate force.	___ I can remain on task without re-direction.	___ I can accept the Educator's decision regarding a personal infraction during game/activities.	___ I can demonstrate safe practices while participating in physical activities.	___ I can accept the teacher's decision regarding personal rule infraction without displaying negative reactions towards others.	___ I can stay on task without close teacher monitoring.	___ I can stay on task without close teacher monitoring.
___ I can stay on task.	___ I can stay on task.	___ I can use equipment for its intended purposes.	___ I can accept individual responsibility for expected behavior during game play.	___ I can demonstrate positive behaviors in winning or losing.	___ I can demonstrate appropriate team and individual sport behavior.	___ I can compliment others on their participation.	___ I can identify both positive and negative behaviors of a sports celebrity.	___ I can explain how I would tell a teammate that he/she needs to improve their skills for the good of the team.
___ I can follow directions.	___ I can play with a group of classmates (relay races)	___ I can identify elements of being a good sport.	___ I can identify appropriate behaviors while participating in group activity.	___ I can remain on task without re-direction.	___ I can accept the teacher's decision regarding personal rule infraction without displaying negative reactions towards others.		___ I can identify displays of both positive and negative sportsmanship.	___ I can demonstrate only positive behavior despite losing or not accomplishing the task.
___ I can play safely when in independent learning.	___ I can play independently and stay on task.	___ I can listen to and follow directions as well as stay on task.					___ I can stay on task without close teacher monitoring.	
							___ I can demonstrate supportive behavior toward a teammate and toward an opponent.	