

School Philosophy:

Believing that each child is a unique and important gift from God, Faithful Shepherd Catholic School is dedicated to the study of:

Physical Education:

Physical Education is a vital component to the education of the whole child. Physical Education is necessary in equipping students for a lifetime of healthy living through participation in lifelong physical fitness activities, wellness, and nutrition.

Students are given multiple opportunities to experience a wide assortment of activities in order to discover their personal health identity. Through these opportunities, children can apply critical thinking skills to achieve the goal of healthy living.

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